

FRACTURE

Hills, Kristina Marie
DOB: 09/17/1976
NN#: 644
Allergies: NKDA

Inmates Name

Inmate Name Number: _____

3/14/19

Date

1510

Time

D.I

Around Jan - it was documented @ Copper Queen ER of 1 break in my big toe. I also showed them my swollen lymph node/groin. They told me I had had UTI (PER) (VER) (NO)

S. Ask the inmate:

What caused the injury?

When did the injury occur?

Pain 10/10 @ Big Toe

c/o pain in ^{Big Toe} Lt. Foot & Rt. Ankle; since intake on 2/26/19. I was re-injured on 3/8/19. I was incarcerated. I slipped on stairs. NO X-RAYS!

O. Examine the inmate:

Is there swelling present?

Is there any deformity?

Is there altered range of motion?

Is there a loss of function?

Distal pulses present?

Distal capillary refill present?

Is the extremity weight bearing?

Is there any crepitus present?

T: 98⁴ P: 86 R: 86 B/P: 119/78 SpO2: 99%
Lt Big Toe has significant swelling. Rt. Ankle has minimal swelling.

↓ ROM

NO

YES equal Bilat

YES equal Bilat

NO

NO

P. Treatment:

Place ice to affected area. May use intermittently (15 min on, 15 min off).

Instruct patient to reduce use of extremity and elevate if possible.

Limit activity for 3 days.

May restrict rec time PRN.

If deformed, may order appropriate x-ray and schedule to be seen ASAP after x-ray is done

They were fully aware of my pain - constant complaints of numbness never got me anywhere. Now I've had 3